

# JULY 2021

\*\*\*Doors open 15 minutes prior to class start time\*\*\*

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1 Gentle 8:00-9:00am  Yin 6:00-7:00pm	2	3	4 
5	6 Gentle 8:00-9:00am  Slow Flow 6:00-7:00pm	7	8 Gentle 8:00-9:00am  Yin 6:00-7:00pm	9 Warrior Yoga 6:00-7:00pm (FREE for veterans and first responders)	10	11
12 Zumbini 9:30-10:15am	13 Gentle 8:00-9:00am  Slow Flow 6:00-7:00pm	14	15 Gentle 8:00-9:00am  Yin 6:00-7:00pm	16	17	18
19 Zumbini 9:30-10:15am	20 Gentle 8:00-9:00am	21	22 Gentle 8:00-9:00am  Yin 6:00-7:00pm	23 Warrior Yoga 6:00-7:00pm (FREE for veterans and first responders)	24	25 iRest & Restore 6:00-7:30pm
26 Zumbini 9:30-10:15am	27 Gentle 8:00-9:00am  Slow Flow 6:00-7:00pm	28	29 Gentle 8:00-9:00am  Yin 6:00-7:00pm	30	31	

For our most up-to-date schedule...please visit Facebook, Instagram, and/or studio website ([www.unboundsoulyoga.com](http://www.unboundsoulyoga.com))